



**R.V. NORTHLAND INTERNATIONAL
SCHOOL**

**HOLIDAY'S
HOMEWORK
2025-26
CLASS-XII 'C'
(HUMANITIES)**

Guidelines for a Productive & Enriching Learning Journey

- Parental Involvement (Where needed): While independence is key, feel free to seek guidance from parents or mentors when tackling complex topics.
- Stay Organized: Maintain separate folders or files for each subject. Label all worksheets/sample papers with your Name, Class, Roll Number, and Subject.
- Concept Clarity is Key: Don't just solve – understand! Revisit NCERTs, class notes, and concept videos to strengthen fundamentals.
- Practice Makes Progress: Dedicate time daily to complete sample papers and worksheets. Stick to exam-like time limits to build confidence and speed.
- Neat & Smart Presentation: Ensure your written work is legible, structured, and presentable – remember, presentation reflects discipline.
- Revise Strategically: Revise topics covered in April and May using mind maps, flowcharts, or bullet-point notes. Use flashcards for quick recall.
- Strengthen Weak Areas: Identify topics you found challenging in school – use this time to revisit and master them.
- Communicate in English: Practice spoken English with peers or family to enhance fluency – essential for academic and future success.
- Self-Evaluation: After solving a sample paper, check your answers using answer keys or marking schemes to analyze mistakes and improve.
- Break, Breathe, Balance: Take breaks between study sessions. Pursue a hobby, read a novel, or take a walk – mental freshness improves retention.
- Plan Your Time: Follow a daily planner – balance academic work with relaxation. Doing a little every day prevents last-minute stress.

HOLIDAY REMINDER

Recharge your body, refresh your mind, and return with renewed energy. We look forward to seeing your hard work, creativity, and confidence in full bloom!

With Best Regards
Class Teacher

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English

1) Project Work (Choose Any One Topic)

Prepare a detailed project file on any one of the topics given below. Your project must be handwritten and should include the following components:

- Acknowledgement
- Certificate
- Objectives
- Action Plan (if applicable)
- Main Content
- Survey / Observations (if applicable)
- Conclusion
- Bibliography
- Relevant Pictures (optional)

Topics to Choose From:

a) Corona Pandemic and Its Impact on Families

Include a report on the overall effects of the pandemic, problems faced by families, financial challenges, mental health, lifestyle changes, and responses to lockdown. Add a brief survey with at least 10 questions and analyze the findings.

b) COVID-19 / Corona virus

Cover its origin, history, symptoms, transmission, safety precautions, vaccination, impact on daily life, and preventive measures.

c) The Problem of Child Labour

Discuss its causes, conditions, types, impact on children's lives, examples like Mukesh and Saheb-Alam (from the textbook), and how child labour can be stopped.

d) Impact of Online Classes on Senior Students

Explain the shift to digital learning, platforms used, benefits and drawbacks, technological challenges, and students' perspectives. Include a survey with 8–10 questions.

2) Worksheet:

Creative Writing Skills – Practice (Notice Writing)

Write notices for the following 10 situations. Each notice should follow the proper format and be written in not more than 50 words:

1. Inter-School Dance Competition

You are the Cultural Secretary. Write a notice informing students about a dance competition to be held in the school auditorium on 5th July 2025.

2. Blood Donation Camp

Draft a notice as the Health Club Secretary, informing students and staff about a blood donation camp in the school premises on 10th July 2025.

3. Lost Wallet

You have lost your wallet in the school playground. Draft a notice requesting the finder to return it to you.

4. Debate Competition

As Head Boy/Head Girl, write a notice inviting students of Classes XI & XII to participate in a debate on the topic "Social Media: A Boon or a Bane" scheduled for 15th July 2025.

5. Library Closure

As the Librarian, write a notice informing students that the school library will be closed from 1st to 7th July 2025 for maintenance.

6. Educational Trip to Jaipur

Draft a notice with details about a 3-day educational trip to Jaipur for senior classes during the vacation.

7. Football Team Trials

As the Sports Captain, draft a notice inviting students to attend football trials from 28th to 30th June 2025.

8. Found Wristwatch

A wristwatch was found in the school auditorium. Write a notice asking the rightful owner to collect it from the lost-and-found.

9. Tree Plantation Drive

You are the Environment Club Secretary. Draft a notice inviting students to participate in a tree plantation drive on 6th July 2025.

10. Environment Club Meeting

As President of the Environment Club, write a notice informing members about a meeting on 2nd July 2025 in Room No. 12 at 11:00 a.m.

3) Literature Revision

Revise and memorize the summaries of all prose and poetry chapters taught in class so far.

- Focus on key themes, characters, events, and moral messages.
- Be prepared for oral or written assessments after the summer break.

Note:

- All work should be done neatly and submitted in the first week after the vacation.
- Ensure originality and clarity in your writing. Avoid plagiarism.
- Decorate your project file with creativity but keep it relevant and academic.

Geography

WORKSHEET

PRIMARY ACTIVITIES (GEOGRAPHY)

Q1. Human activities which generate income are known as

- a) Economic activities
- b) Social service
- c) Non – economic activities
- d) All of the above

Q2. People engaged in primary activities are called

- a) White collar worker
- b) Red collar worker
- c) Pink collar worker
- d) All of the above d) Brown collar worker

3. Which type of pastoralism is more organised and capital intensive?

- a) Pastoral nomadism
- b) Commercial Livestock Rearing
- c) Nomadism
- d) Dairy farming

4. Transhumance takes place in which activity?

- a) Hunting
- b) Gathering
- c) Pastoralism
- d) Plantation

Q5 Read the passage and answer the following questions :

Depending on the mode of occurrence and the nature of the ore, mining is of two types: surface and underground mining. The surface mining is the easiest and the cheapest way of mining as minerals that occur close to the surface. Overhead costs such as safety precautions and equipment is relatively low in this method. When the ore lies deep below the surface, underground mining method has to be used. In this method, vertical shafts have to be sunk, from where underground galleries radiate to reach the minerals. Minerals are extracted and transported to the surface through these passages. It requires specially designed lifts, drills, haulage vehicles, ventilation system for safety and efficient movement of people and material. This method is risky.

1. Which type of mining is also known as open-cast mining? -----

- a) Underground mining
- b) Shaft mining
- c) Surface mining

2. In which type of mining the output is large and rapid? -----

- a) Underground mining
- b) Opencast mining
- c) Shaft mining

3. What type of accidents can occur in underground mining? -----

- a) Poisonous gases
- b) fires
- c) floods

4. Why developed countries are retreating from mining?

- a) Large labour force

- b) Striving for higher standard of living
- c) High labour costs
- d) Fatal accidents

Q6 "Dairy farming is the most advanced and efficient type of rearing of milch animals in the world." Analyse the statement with examples.

Q7. Define the term commercial livestock rearing. Explain any four characteristics

Q8. Explain any three features of underground mining methods in different countries of the world.

Q9. Classify intensive subsistence agriculture into two categories practised in the world.

Art and Integrations work

1. Scrap Book related to food / Costumes of Pairing ,states of Arunachal Pradesh and Uttar Pradesh

OR

2. Mask Making or Puppet Craft

Make tribal masks from Uttar Pradesh and Arunachal.

Create traditional puppets showcasing folk tales from Arunachal Pradesh and Uttar Pradesh.

History

WORKSHEET

CHAPTER- KINSHIP, CASTE AND CLASS

(Multiple Choice Type Questions)

1- How was a Mahasammata chosen?

- (A) He was elected.
- (B) It was a hereditary position.
- (c) He was chosen by the king.
- (D) None of these

2- Assertion (A) The Manusmriti is considered the most important of the Dharmasutras and Dharmashastras.

Reason (R) It lays down codes of social behaviour in great detail.

- (A) Both A and R are true and R is the correct explanation of A
- (B) Both A and R are true, but R is not the correct explanation of A
- (C) A is true, but R is false
- (D) A is false, but R is true

3- Consider the following statements about Mahabharata:

- 1- Historians have set aside the traditions as described in Mahabharata.
- 2- It has around 10,000 verses.
- 3- The main theme of Mahabharata is about the warring princes across India.
- 4- Its critical edition was started by K. R. Mangalam in 1919 CE.

State which of the above statements are correct:

- (A) Only (1)
- (B) (1) and (2)
- (C) (1), (2) and (3)
- (D) None of these

(Short Answer Type Questions: Word limit-60 to 80 words)

4- Explain how you will prove that the text of Mahabharata was a dynamic one.

(Long Answer Type Questions: Word limit-300 to 350 words)

5- Describe the elements considered by historians to analyse Mahabharata. State the efforts of VS Sukthankar and his team for the preparation of the critical edition of Mahabharata.

OR

"The Mahabharata is a good source to study the kinfolk values of ancient times." Justify the statement with suitable arguments.

(Source based question)

6. Read the source given below carefully and write answer of the source based questions.

The Wealthy Shudra

This story based on a Buddhist text in Pali known as the Majjhima Nikaya, is part of a dialogue between a king named Avantiputta and a disciple of the Buddha named Kachchana. While it may not be literally true, it reveals Buddhist attitudes towards varna. Avantiputta asked Kachchana what he thought about Brahmanas who held that they were the best caste and that all other castes were low; that Brahmanas were a fair caste while all other castes were dark: that only Brahmanas were pure, not non-Brahmanas; that Brahmanas were sons of Brahma, born of his mouth, born of Brahma, formed by Brahma, heirs to Brahma. Kachchana replied "What if a Shudra were wealthy....would another Shudra or a "Kshatriya or a Brahmana or a Vaishya...

“speak politely to him?” Avantiputta replied that if a Shudra had wealth or corn or gold or silver, he could have as his obedient servant another Shudra to get up earlier than 3 he, go to rest later, to carry out his orders, to speak politely; or he could even have a Kshatriya or a Brahmana or a Vaishya as his obedient servant. Kachchana asked, “This being so, are not these four varnas exactly the same?” Avantiputta conceded that there was no difference amongst the varnas on this count.

- 1.What did Avantiputta want to know from Kachchana about Brahmanas?
 2. What was Kachchana’s reply? Explain
 - 3.If a Shudra had wealth, would Brahmanas and others speak to him politely? Give reasons.
- OR

A FEW SUGGESTIVE TOPICS FOR CLASS XII PROJECTS

1. The Indus Valley Civilization-Archaeological Excavations and New Perspectives
2. The History and Legacy of Mauryan Empire
3. “Mahabharat”- The Great Epic of India
4. The History and Culture of the Vedic period
5. Buddha Charita
6. A Comprehensive History of Jainism
7. Bhakti Movement- Multiple interpretations and commentaries.
8. “The Mystical Dimensions of Sufism
9. Global legacy of Gandhian ideas
- 10.The Architectural Culture of the Vijayanagar Empire
- 11.Life of women in the Mughal rural society
- 12.Comparative Analysis of the Land Revenue Systems introduced by the Britishers in India
- 13.The Revolt of 1857- Causes; Planning & Coordination; Leadership, Vision of Unity
- 14.An insight into the Indian Constitution
- 15.Comparative study of Stupas and Pillar edicts
- 16.Comparative study of Mughal and Vijayanagar architecture

(Projects are an imperative component in enhancing students learning with the related themes. In the research project, students can go beyond the textbook and explore the world of knowledge. They can conceptualize under the embedded themes. Forms of rubrics are a significant aspect and to be discussed in the classroom itself for clear understanding of concept & for assessment)

Political Science

Political Science as a field of study in senior secondary classes enables students to get an exposure to political activities and processes that they are exposed to in everyday life. CBSE has therefore incorporated project work in Political Science to enable students to extend their interest beyond textbooks and provide them with a platform to gather information, value the decisions made to shape the community and visualize future course of action to be taken to ensure healthy democracy.

Make a project of about 25-30 pages for CBSE assessment. The project should be prepared according to the CBSE guidelines.

The project should include the following sections:

1. Cover page- Displaying the topic.
2. Acknowledgement – Thanking the people or institution that has helped you in the completion of the project.
3. Certificate- Mentioning your name and the name of teacher under whose supervision you have completed your work.
4. Index- Giving the list of contents with page numbers.
5. Introduction- Giving the purpose and importance of a study.
6. Chapters- Give a title to each chapter along with details and pictures.
7. Conclusion/ Reflection- What do you learn from your study?
8. Bibliography- Showing the sources from where you have gathered information.

Political Science project- prepare a project according to CBSE guidelines Some suggested topics are:

1. NAM- 1961 to present times.
2. Division of Germany with special focus on the construction and dismantling of the Berlin Wall.
3. CIS-Central Asian Republics
4. Disintegration of USSR with special focus on Gorbachev.
5. Cover the negative as well as positive aspects of relationship between India and the following countries.
Focus on any one of the following (current updates should be highlighted):
 - a) Relationship between India and Russia
 - b) Relationship between India and China
 - c) Relationship between India and Pakistan
 - d) Relationship between India and Bangladesh
6. ASEAN
7. European Union and BREXIT
8. BRICS
9. SAARC
10. India's Nuclear Policy
11. United Nations with focus on India's candidature in Security Council.
12. UN Agencies – UNICEF, UNESCO, WHO
13. Partition of India-Theory behind it and its legacy
14. Comparison between NITI AAYOG and Planning Commission and their contribution in India's Development.
15. Election 2019- Rise of BJP and Downfall of Congress (1989-2019).
16. Emergency – A blot on Indian Democracy.

Read the newspaper daily and prepare a collage on the highlighted issues in Indian polity.

General Instructions:

- A. It should be on A3 size of sheet.
- B. It should be Well presented
- C. Paste newspaper clippings of the issues that you have selected.

Economics

Chapter "New Economic Policy (LPG)

1. What do you mean by LPG (Liberalization, Privatization, and Globalization)? Explain its main features.
2. Discuss the background and reasons that led to the adoption of the New Economic Policy in India.
3. Explain the concept of liberalization and its impact on the Indian economy.
4. What is privatization? Discuss its advantages and disadvantages in the Indian context.
5. Describe the process of globalization and its effects on Indian businesses and industries.
6. Analyze the impact of LPG reforms on the Indian economy, including its effects on growth, employment, and poverty.
7. What are the benefits and challenges of foreign direct investment (FDI) in India?
8. Discuss the role of the World Trade Organization (WTO) in promoting globalization and trade liberalization.
9. Explain the concept of disinvestment and its implications for public sector enterprises in India.
10. Evaluate the impact of LPG reforms on different sectors of the Indian economy, such as agriculture, industry, and services.

Tips

- Make sure to provide detailed explanations and examples to support your answers.
- Use relevant economic terminology and concepts to demonstrate your understanding of the subject.
- Focus on the impact of LPG reforms on the Indian economy and its various sectors.
- Analyze the benefits and challenges of LPG reforms and their implications for India's economic development.

I hope these questions help you prepare for your exams!

Project Work

When will make a single file from a single topic given below. All guidelines also given in it.

- Micro and Small Scale Industries
- Food Supply Channel in India
- Contemporary Employment situation in India
- Disinvestment policy of the government
- Goods and Services Tax Act and its Impact on GDP
- Health Expenditure (of any state)
- Human Development Index • Inclusive Growth Strategy
- Self-help group
- Trends in Credit availability in India
- Monetary Policy Committee and its functions • Role of RBI in Control of Credit
- Government Budget & its Components
- Trends in budgetary condition of India
- Exchange Rate determination – Methods and Techniques
- Currency War – reasons and repercussions
- Livestock – Backbone of Rural India
- Alternate fuel – types and importance
- Sarva Shiksha Abhiyan – Cost Ratio Benefits
- Golden Quadrilateral- Cost ratio benefit
- Minimum Support Prices
- Relation between Stock Price Index and Economic Health of a Nation
- Waste Management in India – Need of the hour
- Minimum Wage Rate – Approach and Application
- Digital India- Step towards the future
- Rain Water Harvesting – A solution to water crisis
- Vertical Farming – An alternate way
- Silk Route- Revival of the past
- Make in India – The way ahead
- Bumper Production- Boon or Bane for the farmer
- Rise of Concrete Jungle- Trend Analysis
- Organic Farming – Back to the Nature
- Aatmanirbhar Bharat
- e-Rupee (e- ₹)

- Sri Lanka's Economic Crisis • Sustainable Development Goals (SDG's)
- Environmental Crisis
- Comparative Study of Economies (Maximum three economies)
- New Education Policy (NEP) 2020: A Promise for a New Education System
- G-20: Inclusive and Action Oriented
- Amrit Kaal: Empowered and Inclusive Economy
- Cashless Economy
- Any other newspaper article and its evaluation on basis of economic principles

Guidelines for Project Work in Economics

The objectives of the project work are to enable learners to:

- Probe deeper into theoretical concepts learnt in classes XI and XII
- Analyse and evaluate real world economic scenarios using theoretical constructs and arguments
- Demonstrate the learning of economic theory
- Follow up aspects of economics in which learners have interest
- Develop the communication skills to argue logically

The expectations of the project work are that:

- Learners will complete only ONE project in each academic session
 - Project should be of 3,500-4,000 words (excluding diagrams & graphs), preferably hand-written
 - It will be an independent, self-directed piece of study
- Role of the teacher: The teacher plays a critical role in developing thinking skills of the learners. A teacher should:
- Help each learner select the topic based on recently published extracts from the news media, government policies, RBI bulletin, NITI Aayog reports, IMF/World Bank reports etc., after detailed discussions and deliberations of the topic
 - Play the role of a facilitator and supervisor to monitor the project work of the learner through periodic discussions
 - Guide the research work in terms of sources for the relevant data
 - Educate learner about plagiarism and the importance of quoting the source of the information to ensure authenticity of research work
 - Prepare the learner for the presentation of the project work
 - Arrange a presentation of the project file

Scope of the project:

Learners may work upon the following lines as a suggested flow chart:

Choose a title/topic

Collection of the research material/data

Organization of material/data

Present material/data

Analysing the material/data for conclusion

Draw the relevant conclusion

Presentation of the Project Work

Expected Checklist:

- Introduction of topic/title
- Identifying the causes, consequences and/or remedies
- Various stakeholders and effect on each of them
- Advantages and disadvantages of situations or issues identified
- Short-term and long-term implications of economic strategies suggested in the course of research
- Validity, reliability, appropriateness and relevance of data used for research work and for presentation in the project file
- Presentation and writing that is succinct and coherent in project file
- Citation of the materials referred to, in the file in footnotes, resources section, bibliography etc.

Mode of presentation/submission of the Project:

At the end of the stipulated term, each learner will present the research work in the Project File to the External and Internal examiner. The questions should be asked from the Research Work/ Project File of the learner. The Internal Examiner should ensure that the study submitted by the learner is his/her own original work. In case of any doubt, authenticity should be checked and verified.
Student will make a file from one Above topic.

Physical Education

Worksheet

- 1."Practising Asana regularly can prevent many diseases ".justify .
- 2.Explain about the procedure and advantages of Bhujangasana.
- 3.Explain procedure and benefits of any two asanas used to cure diabetes.
4. Explain procedure and benefits of any two asanas used to cure Asthma.
5. Explain about the Hypertension and Back pain.
- 6.Explain about the Special Olympic .
- 7.Explain about the Paralympics Games.
- 8.Explain about the Deaflympics.
- 9.Explain knockout tournament .
10. Explain league tournament.
11. Explain Kayposis.
12. Explain lordosis.
13. Explain flat- foot
14. Explain diabetes.
15. Explain hypertension.
16. Explain asthma.
17. Explain obesity.
18. Explain arthritis.

Holiday homework

- 1.Briefly explain the Functions and resources of three fat soluble vitamins.
- 2.Write briefly about Protein as an essential component of diet.
- 3.Discuss any four pitfalls of dieting.
4. Mention the difference between macro and micro nutrients.
5. List down the nutritive components of diet and explain any one.
6. Define Balanced Diet Explain any four micro nutrients.Enlist the non-nutritive components of diet.Explain about any two components of diet.
- 8.Discuss briefly about various food myths.

Choose the correct answer.

1. In most of the carbohydrates ;the ratio of hydrogen atoms to oxygen atoms is:
(a)2:1 (b)1:2 (c) 1:3 (d) None of these
2. Which disease is caused by the deficiency of vitamin B3?
(a) Beri -beri (b)Pellagra (c) Rickets (d) Night blindness
3. The food component present in sugar is:
(a)Fats (b) Proteins (c) Vitamins (d) Carbohydrates
4. The main sources of vitamin C' is
(a)Guava (b)Egg (c) Milk (d) Banana.

Project Work

Physical fitness test : SAI khelo India Test

Yoga

Holiday homework

1. How yoga can help reduce stress and anxiety ?
2. Explore how yoga can benefits people of different age groups such as children's adults and senior ?
3. Investigate the benefits of yoga for physical health including flexibility balance and strength.
4. Explain different types yoga styles such as Hatha ,vinayas, Ashtang and kundalini.

5. Activity:-

Yoga practice:- practice yoga regularly and record your progress.

Worksheet

1. Write the benefits of kapalbhati
2. What are the precautions for Tratak?
3. What are the techniques of Jal Neti ?
4. What are the benefits of practicing Jal Neti ?
5. What are the benefits of Dhauti ?
6. What are the precautions of kapalbhati ?
7. Define yoga asana and explain its principles.
8. Write in detail the correct time palace and duration of asana .
9. What are the career opportunities in Yoga ?
10. What is the concept of Aahara ?
11. What is balanced diet ?
12. What are the macro nutrients ?
13. What are the micro nutrients ?
14. What is sattvic diet ?

Project Work

*Yoga practice:- practice yoga regularly and record your progress.

*Explain Surya namaskar

हिंदी

कार्य पत्रिका

निम्न दिए गए अभिव्यक्ति माध्यम पुस्तिका के प्रश्नों को हल कीजिए-

1. पत्रकार कितने प्रकार के होते हैं?
2. उल्टा पिरामिड शैली का विकास कब और क्यों हुआ?
3. समाचार के ककारों के नाम लिखिए।
4. बॉडी क्या है ?
5. फ़ीचर किस शैली में लिखा जाता है?
6. फ़ीचर व समाचार में क्या अंतर है?
7. विशेष रिपोर्ट से आप क्या समझते हैं?
8. विशेष रिपोर्ट के भेद लिखिए।
9. इन्डेप्थ रिपोर्ट किसे कहते हैं?
10. विचारपरक लेखन क्या है तथा उसके अन्तर्गत किस प्रकार के लेख आते हैं?
11. स्वतंत्र पत्रकार किसे कहते हैं ?
12. पूर्णकालिक पत्रकार से क्या अभिप्राय है ?
13. अंशकालिक पत्रकार क्या होता है ?
14. संचार किसे कहते हैं ?
15. संचार के मूल तत्त्वों पर प्रकाश डालिए।
16. संचार के विविध प्रकारों पर प्रकाश डालिए।
17. अंतः वैयक्तिक संचार का क्या आशय है ?

18. अंतर वैयक्तिक संचार का क्या आशय है ?
19. समूह संचार का क्या आशय है ?
20. जन संचार का क्या आशय है ?
21. जन संचार के क्या कार्य हैं ?
22. प्रिंट मीडिया से क्या आशय हैं ? दो उदाहरण दीजिए।
23. जन-संचार का सबसे पहला, महत्वपूर्ण और सर्वाधिक विस्तार वाला माध्यम कौन-सा है ?
24. रेडियो की अपेक्षा टेलीविज़न क्यों ज़्यादा प्रभावी है ?
25. इंटरनेट की दो खामियाँ लिखिए।

परियोजना फ़ाइल कार्य

नोट – आपको अपना परियोजना संबंधी गृह कार्य एक परियोजना फाइल बनाते हुए करना है। रचनात्मक लेखन संबंधी कार्य अपनी कॉपी में अनिवार्य रूप से करना है।

1. हिंदी विषय की अपनी सुंदर परियोजना कार्य फाइल तैयार करते हुए 'महादेवी वर्मा' व उनके पाठ 'भक्तिन' संबंधी परियोजना तैयार कीजिए।
2. परियोजना फाइल में 'हरिवंश राय बच्चन' व उनके पाठ 'आत्म परिचय' संबंधी परियोजना तैयार कीजिए।
3. परियोजना फ़ाइल में अभिव्यक्ति माध्यम पुस्तिका से पत्रकारिता के आयामों या माध्यमों के गुण दोष संबंधी सूची तैयार कीजिए।

रचनात्मक लेख

निम्न दिए गए विषयों पर 160 से 180 शब्दों तक रचनात्मक लेख तैयार कीजिए-

- क. जब बारिश में मेरा छत टूट गया
ख. मेरे मित्र का जन्म दिवस